

CUMBERLAND INFANT SCHOOL & Little Cumberland Pre-School

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Headteacher: Mrs Rebecca Herbert BEd

Friday 1st April 2022

Dear Parents/Carers

Please be reminded that some of our children and staff have severe food intolerances and allergies to **nuts or egg** which require medication should an emergency event occur. Our school meals are already prepared under the guidance of a nutritionist and all meals are served with the intolerances strictly observed.

Therefore please be mindful and take extra care to familiarise and observe the foods you should avoid when packing lunches or preparing snacks for your children.

The list attached shows all foods that should be avoided when preparing items to be brought to school and on school trips.

Thank you for your continued support which is greatly appreciated.